

# FOOD SERVICE NEWS

## BREAKFAST MENU



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| MONDAY                                             | TUESDAY                                         | WEDNESDAY                                          | THURSDAY                                                     | FRIDAY                                           |
|----------------------------------------------------|-------------------------------------------------|----------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------|
| 3<br>Mini waffles w/ syrup<br>Fruit<br>Fruit juice | 4<br>Mini donuts<br>Fruit<br>Fruit juice        | 5<br>Pancake sausage bites<br>Fruit<br>Fruit juice | 6<br>Breakfast pizza<br>Fruit<br>Fruit juice                 | 7<br><b>NO SCHOOL</b>                            |
| 10<br>Long John<br>Fruit<br>Fruit juice            | 11<br>Breakfast bagel<br>Fruit<br>Fruit juice   | 12<br>Chocolate muffin<br>Fruit<br>Fruit juice     | 13<br>Sausage, egg & cheese sandwich<br>Fruit<br>Fruit juice | 14<br>Cereal<br>Pop tart<br>Fruit<br>Fruit juice |
| 17<br>Cereal bar<br>Fruit<br>Fruit juice           | 18<br>Breakfast burrito<br>Fruit<br>Fruit juice | 19<br>Donut<br>Fruit<br>Fruit juice                | 20<br>Pancake on a stick<br>Fruit<br>Fruit juice             | 21<br>Cereal<br>Pop tart<br>Fruit<br>Fruit juice |
| 24<br>Biscuits & gravy<br>Fruit<br>Fruit juice     | 25<br>Mini donuts<br>Fruit<br>Fruit juice       | 26<br><b>NO SCHOOL</b>                             | 27<br><b>NO SCHOOL</b>                                       | 28<br><b>NO SCHOOL</b>                           |

*MILK served with all meals.*

*USDA is an equal opportunity provider and employer. Menus are subject to change.*

## LUNCH MENU



| MONDAY                                                                                                              | TUESDAY                                                                                                 | WEDNESDAY                                                                 | THURSDAY                                                                                    | FRIDAY                                                                       |
|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| 3<br>BBQ rib/bun<br>Potato cubes<br>Baked beans<br>Applesauce                                                       | 4<br>Walking taco<br>Seasoned rice<br>Black bean & corn salsa<br>Peaches                                | 5<br>Meatball sub<br>Potato wedges<br>Corn<br>Pears                       | 6<br>Breaded chicken/bun<br>Sweet potato fries<br>Steamed broccoli<br>Strawberries & grapes | 7<br><b>NO SCHOOL</b>                                                        |
| 10<br>Teriyaki chicken<br>Seasoned rice<br>Oriental vegetables<br>Diced peaches<br>Roll & butter (grades 6-12 only) | 11<br>Cheeseburger<br>Smile fries<br>Baby carrots<br>Watermelon                                         | 12<br>Chicken alfredo<br>Peas & carrots<br>Apple wedges<br>Breadstick     | 13<br>Breaded pork/bun<br>French fries<br>Broccoli salad<br>Mixed fruit                     | 14<br>Pizza crunchers<br>Lettuce salad w/ romaine<br>Corn<br>Applesauce      |
| 17<br>Hot ham & cheese/bun<br>Wedge fries<br>Baked beans<br>Pears                                                   | 18<br>Stuffed cheese sticks w/ sauce<br>Tossed salad w/ romaine<br>Cucumbers & peppers<br>Orange wedges | 19<br>Pulled pork/bun<br>Sweet potato fries<br>Green beans<br>Mixed fruit | 20<br>Chili<br>String cheese<br>Applesauce<br>Cinnamon roll                                 | 21<br>Stuffed crust pizza<br>Vegetable medley<br>Celery sticks<br>Watermelon |
| 24<br>Breaded chicken drumsticks<br>French fries<br>Peas<br>Applesauce                                              | 25<br>Oven roasted turkey<br>Mashed potatoes & gravy<br>Peaches<br>Roll & butter<br>Pumpkin dessert     | 26<br><b>NO SCHOOL</b>                                                    | 27<br><b>NO SCHOOL</b>                                                                      | 28<br><b>NO SCHOOL</b>                                                       |

*Choose a salad as an alternate lunch daily (HS & MS only)*

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