

# FOOD SERVICE NEWS

## BREAKFAST MENU



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MILK served with  
all meals.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pancake sausage bites Fruit Fruit juice	2 Breakfast pizza Fruit Fruit juice	3 Cereal Pop tart Fruit Fruit juice
6 Long John Fruit Fruit juice	7 Breakfast bagel Fruit Fruit juice	8 Chocolate muffin Fruit Fruit juice	9 Sausage, egg, & cheese sandwich Fruit Fruit juice	10 Cereal Pop tart Fruit Fruit juice
13 Cereal bar Fruit Fruit juice	14 Breakfast burrito Fruit Fruit juice	15 Donut Fruit Fruit juice	16 Pancake on a stick Fruit Fruit juice	17 Cereal Pop tart Fruit Fruit juice
20 Mini waffles w/ syrup Fruit Fruit juice	21 Mini donuts Fruit Fruit juice	22 Biscuit & gravy Fruit Fruit juice	23 Breakfast pizza Fruit Fruit juice	24 Cereal Pop tart Fruit Fruit juice
27 Long John Fruit Fruit juice	28 Breakfast bagel Fruit Fruit juice	29 Blueberry muffin Fruit Fruit juice	30 Scrambled eggs Fruit Fruit juice	31 Cereal Pop tart Fruit Fruit juice

## LUNCH MENU



USDA is an equal opportunity provider and employer. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Deli sandwich Sun chips Baby carrots Orange wedges Chocolate chip cookie	2 Breaded chicken sand- wich Sweet potato fries Steamed broccoli Strawberries & grapes	3 Personal pizza Salad w / romaine Celery & dip Apple wedges
6 Meatball sub Wedge fries Baked beans Pears	7 Stuffed cheese sticks w/ sauce Tossed salad w/ romaine Cucumbers & cherry tomatoes Watermelon	8 Chicken & gravy over buttermilk biscuit Peas & carrots Applesauce Frosted brownie	9 Breaded pork sandwich French fries Broccoli salad Mixed fruit	10 Pizza crunchers Lettuce salad w/ romaine Corn Apple wedges
13 Mandarin chicken Seasoned rice Oriental vegetables Diced peaches Roll & butter (grades 6-12)	14 Cheeseburger Smile fries Cherry tomatoes Orange wedges	15 Bratwurst or deli sand- wich Sweet potato fries Green beans Mixed fruit	16 Walking taco Spanish rice Black bean & corn salsa Pears	17 Stuffed crust pizza Vegetable medley Celery sticks Watermelon
20 Breaded chicken drum- mies French fries Peas Apple wedges Roll w/ butter (grades 6-12)	21 Country fried steak Mashed potatoes & gravy Green beans Peaches WG roll & butter	22 Popcorn chicken Seasoned rice Steamed carrots Mixed fruit Roll & butter (grades 6- 12)	23 Chili w/ crackers String cheese Applesauce WG cinnamon roll	24 Garlic cheese bread Tossed salad greens Cauliflower & broccoli Mandarin oranges
27 Chicken drumstick Mashed potatoes & gravy Corn Applesauce Roll & butter (grades 6-12)	28 French toast sticks Sausage links Hash brown patty Strawberries & bananas	29 Mini corn dogs Smile fries Green beans Peaches	30 Pasta w/ meat sauce Broccoli Normandy Grapes Garlic toast	31 Bosco sticks Tossed salad greens Fresh veggies Watermelon

Choose a salad  
as an alternate  
lunch daily (HS &  
MS only)

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