

YOUTH MENTAL HEALTH: AWARENESS FOR PARENTS

THURSDAY, FEBRUARY 16

11:30 a.m.-12:30 p.m.
Join on Facebook Live

**30 minute introduction to
mental health basics,
including how to access
services and how to handle
self-harm and thoughts of suicide.**

**30 minute open discussion in a
question-and-answer format.**

Feel free to attend any or all parts of the webinar.

**The recording will be available to watch later on the
Linn County Suicide Prevention Coalition
Facebook page.**

Presented by the



**LINN COUNTY
SUICIDE
PREVENTION
COALITION**

**More information
and RSVP**

