

FOOD SERVICE NEWS


BREAKFAST MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pancake sausage bites or cereal Fruit Fruit juice	2 Cereal bar or cereal Fruit Fruit juice	3 Cereal or pop tart Fruit Fruit juice
6 Breakfast bagel or cereal Fruit Fruit juice	7 Chocolate muffin or cereal Fruit Fruit juice	8 Ham, egg & cheese biscuit or cereal Fruit Fruit juice	9 Blueberry bagel with cream cheese or cereal Fruit Fruit juice	10 Cereal or pop tart Fruit Fruit juice
13 Cheese omelet or cereal Fruit Fruit juice	14 Long john or cereal Fruit Fruit juice	15 French toast sticks or cereal Fruit Fruit juice	16 Blueberry muffin or cereal Fruit Fruit juice	17 Cereal or pop tart Fruit Fruit juice
20 Pancake sausage bites or cereal Fruit Fruit juice	21 Pancakes or cereal Fruit Fruit juice	22 Breakfast pizza or cereal Fruit Fruit juice	23 Cereal bar or cereal Fruit Fruit juice	24 Cereal or pop tart Fruit Fruit juice
27 Apple bites or cereal Fruit Fruit juice	28 Long john or cereal Fruit Fruit juice	MILK served with all meals.		

LUNCH MENU

USDA is an equal opportunity provider and employer
Menus are subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Hot dog/bun Cheesy potatoes Baked beans Apple wedges	2 Chicken tender wrap w/ lettuce Tater tots Steamed broccoli Diced peaches Dinner roll (grades 6-12)	3 Pizza crunchers Lettuce salad w/ dressing Fresh veggies Mixed fruit
6 Hot ham & cheese/bun Tater tots Coleslaw Tropical fruit	7 Lasagna Lettuce salad w/ dressing Green beans Garlic toast	8 Beef taco/soft shell Seasoned rice Buttered corn Orange wedges	9 Baked chicken/bun Seasoned potatoes Baked beans Applesauce	10 Garlic cheese bread Lettuce salad w/ dressing Fresh veggies Fruit medley
13 Mandarin orange chicken Seasoned rice Steamed broccoli Mandarin oranges/ pineapple Roll & butter (grades 6-12)	14 Bacon cheeseburger French fries Steamed carrots Pears Cookie	15 Beef nachos w/ corn chips Refried beans Mixed vegetable Diced peaches	16 Salisbury steak Mashed potatoes & gravy Mixed fruit Roll & butter	17 Chicken quesadilla Lettuce salad w/ dressing Fresh veggies Apple wedges
20 Chicken nuggets Seasoned potatoes Corn Orange wedges	21 Pasta w/ meat sauce Lettuce salad w/ dressing Green beans Applesauce	22 French toast sticks Sausage links HB patty Strawberries & bananas	23 Chicken bacon club Sweet potato fries Mixed fruit Kiwi fruit	24 Breaded cheese sticks Lettuce salad w/ dressing Fresh veggies Pineapple
27 Maid rite Potato wedges Steamed carrots Mandarin oranges	28 Breaded pork patty/bun Onion rings Green beans Applesauce	Choose a salad as an alternate lunch daily (HS & MS only)	MILK served with all meals.	

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