

# Lunch Menu

“USDA is an equal opportunity provider and employer”



September 2021 Choose a salad as an alternate lunch daily ( H.S. & M.S. only)

*Milk served with meal*

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>	<b>3</b>
		<b>Tenderloin / bun</b>	<b>Breaded cheese sticks</b>	<b>Country fried steak</b>
		Curly fries	Garden salad	Mashed potatoes & gravy
		Carrots & peas	Fresh vegetables	Corn
		Apple sauce	Sidekick	Mandarin oranges
				Roll & butter
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	<b>Chicken nuggets</b>	<b>Deli wrap</b>	<b>Macaroni &amp; cheese</b>	<b>Pizza crunchers</b>
	Smiley fries	Sun chips	Broccoli normandy	Salad w/ dressing
NO SCHOOL	Green beans	Baby carrots	Watermelon	Fresh cucumbers & tomatoes
	Orange slices	Apple wedges	Dinner roll	Diced peaches
		Sugar cookie		
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>Walking taco</b>	<b>Ham &amp; cheese / pretzel bun</b>	<b>Chicken strips</b>	<b>French toast w/ syrup</b>	
Spanish rice	Sweet potato waves	Mashed potatoes & gravy	Sausage links	
Blackbean & corn salsa	Diced pears	Green beans	Diced potatoes	NO SCHOOL
Mandarin oranges	Side kick	Dinner roll	Strawberries & bananas	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Chicken alfredo bake</b>	<b>Sausage pizza</b>	<b>Popcorn chicken</b>	<b>Pulled pork / bun</b>	<b>Cheeseburger / bun</b>
Steamed broccoli	Garden salad	Seasoned rice	Baked beans	French fries
Grapes	Green beans	Stir fry Vegetables	Coleslaw	Steamed carrots
Garlic bread	Diced peaches	Pineapple chunks	Banana	Monster cookie
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>Maidrite / bun</b>	<b>Garlic cheese bread</b>	<b>Cheese dog / bun</b>	<b>Pasta w/ meat sauce</b>	<b>BBQ rib / bun</b>
Wedge fries	Cauliflower & broccoli	Smiley fries	Lettuce salad	French fries
Green beans	Oranges	Corn	Apple sauce	Mixed vegetables
Diced pears	Side kick	Mixed fruit	Bread stick	