

November Breakfast Menu

USDA is an equal opportunity provider and employer” *Milk served with meal*

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			French toast / syrup	Cereal
			or cereal	Poptart
			Fruit	Fruit
			Fruit juice	Fruit juice
5	6	7	8	9
Sausage,egg & cheese biscuit	Cereal bar	Sausage pancake bite w/ SF syrup	Cheese omelet	Cereal
or cereal	Mozzarella cheese stick	or cereal	English muffin	Poptart
Fruit	Fruit	Fruit	Fruit	Fruit
Fruit juice	Fruit juice	Fruit juice	Fruit juice	Fruit juice
12	13	14	15	16
Waffle sticks w/ syrup or	Mini donuts or cereal	Breakfast pizza or cereal	Chocolate chip muffin	Cereal
Cereal	Fruit	Fruit	String cheese	Poptart
Fruit	Fruit juice	Fruit juice	Fruit	Fruit
Fruit juice			Fruit juice	Fruit juice
19	20	21	22	23
Rainbow yogurt or cereal	Mini Long johns or cereal			
Muffin	Fruit			
Fruit	Fruit juice	NO SCHOOL	NO SCHOOL	NO SCHOOL
Fruit juice				
26	27	28	29	30
Mini donuts or cereal	Cereal bar	Breakfast pizza or cereal	Waffles w/ syrup or cereal	Cereal
Fruit	Mozzarella cheese stick	Fruit	Fruit	Poptart
Fruit juice	Fruit	Fruit juice	Fruit juice	Fruit
	Fruit juice			Fruit juice