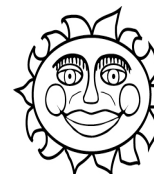


2018-2019 Swimming Lessons at Camp Courageous

It's time for American Red Cross Learn-to-Swim classes at Camp Courageous. Lessons are held Monday to Friday after school beginning December 3, 2018. Transportation is provided to and from Monticello schools at the end of the school day (approximately 3:40 pm – 4:25 pm). Each session includes 8 – 10 lessons. **Cost is \$60 per child per session (\$55 without transportation).**

PLEASE NOTE Please see our website campcourageous.org for level descriptions. Sign your child up for the level that meets their skill mastery.

After-School Sessions: X = LEVELS offered	1	2	3	4	5	6
Session 1: 12/03/18 - 12/14/18		X	X		X	
Session 2: 1/14/19 - 1/25/19		X				X
Session 3: 1/28/19 – 2/08/19	X		X	X		
Session 4: 2/11/19 – 2/22/19		X		X	X	



Later Time Classes: Camp DOES NOT provide transportation for the following lessons. Later Time Classes are held Monday – Friday 5:00 pm – 5:45 pm. Each session includes 8-10 lessons. **Cost \$55 per child per session.**

Later-Time Sessions: X = LEVELS offered	1	2	3	4	5	6
Session 5: 12/03/18 - 12/14/18	X		X	X		
Session 6: 1/28/19 – 2/08/19		X		X	X	
Session 7: 2/11/19 – 2/22/19		X				X

Parent & Child Aquatics: For ages 6 months to about 3 years. Designed to give young children a head start on swimming. Great for children to get comfortable in the water and begin to work on basic skills while interacting with instructor and other children in a fun and safe environment. NOTE: A parent (or adult) must accompany the child in the water. Camp DOES NOT provide transportation for these lessons. **Cost is \$30 per child.**

Session 8: 2/02/19, 2/09/19, 2/16/19, 2/23/19 (Saturdays) 9:30 a.m.-- 10:00 a.m.

Preschool Aquatics: For children about ages 3 – 5. Designed to orient preschool-age children to the aquatic environment and to begin working on basic aquatic skills such as: enter & exit the water, blow bubbles through mouth & nose, go under water, bobbing, front & back glides, retrieve submerged objects and learn how to stay safe in the water. Camp DOES NOT provide transportation for these lessons. **Cost is \$35 per child.**

Session 9: 2/02/19, 2/09/19, 2/16/19, 2/23/19 (Saturdays) 8:00 a.m.-- 8:30 a.m.

Session 10: 2/02/19, 2/09/19, 2/16/19, 2/23/19 (Saturdays) 8:30 a.m.-- 9:00 a.m.

Session 11: 2/02/19, 2/09/19, 2/16/19, 2/23/19 (Saturdays) 9:00 a.m.-- 9:30 a.m.

St John's Preschool Aquatics: Camp also offers lessons to children at St John's Day Care with camp providing transportation. **Cost is \$40 per child.**

Session 12: 1/28/19 – 2/08/19 (M, W, & F) 10:00 a.m. – 10:45 a.m.

PRIVATE LESSONS 1:1 Lesson from one of our skilled Water Safety Instructors. Camp DOES NOT provide transportation for these lessons **Cost \$25 per student per ½ hour lesson.** Private lessons are available only during the following Dates/Times:

Session 13: 12/03/18- 12/14/18 M-F 4:30 pm - 5:00 pm

Session 14: 1/28/19 – 2/08/19 M-F 4:30 pm - 5:00 pm

Session 15: 2/11/19 – 2/22/19 M-F 4:30 pm - 5:00 pm

Registration for ALL CLASSES BEGINS Monday, 10/29/18 at 8:00 a.m.

Register by leaving a message for Carol Melton @
319-465-5916 ext 2600 or cmelton@campcourageous.org

Spots for each class are filled on a first come first served basis.

REQUESTS WILL NOT BE ACCEPTED BEFORE 8 a.m. on MONDAY OCTOBER 29, 2018.
Leaving messages before 8 AM may NOT register your request until all other requests are filled.

Lifeguard Course: Must meet Prerequisite Age (15) & Swims to enter the course. All other skills will be taught in course Written and Skills Tests must be passed for certification **Cost \$190**

PLEASE NOTE: *All parts of the course are mandatory for certification, no absenteeism allowed, and no make up sessions will be scheduled. Please double check your school activities calendars before registering for one of these courses.*

Session 1: March 22 - 24, 2019 Friday 6pm-10pm, Saturday & Sunday 8am-8pm

Session 2: April 12 - 14, 2019 Friday 6pm-10pm, Saturday & Sunday 8am-8pm

Session 3: May 10 - 12, 2019 Friday 6pm-10pm, Saturday & Sunday 8am-8pm

Lifeguard Recertification: For individuals who need to renew their certification. All water and land skills will be tested & written tests will be administered **Cost \$150**

Session 4: April 27, 2019 Saturday 8am-6pm

Session 5: May 18, 2019 Saturday 8am-6pm