



**Friday, October 26 | 8 a.m.-5 p.m. | 4-6<sup>th</sup> Graders**

Jones County Extension and Outreach office, 800 N. Maple Street, Monticello, IA 52310

RSVP to Nanci Null at [nnull@iastate.edu](mailto:nnull@iastate.edu) or 319-465-3224 by noon on Friday, October 19.

A \$20 registration fee covers lunch and snacks for the day. Limit of 24 registrations.

This one-day workshop helps to build skills, maturity, and confidence to safely stay home alone.

**Topics discussed with your child include:**

- Ideas for rules to have in place when home alone
- Setting a basic schedule to follow when home alone
- Knowing what to do if someone comes to the door
- Knowing what appliances to use (if any) when alone
- Ideas for managing squabbles between siblings
- Preparing snacks and easy meals
- Types of emergencies, what to do
- Problem solving for various scenarios
- Proper handwashing techniques
- Boredom activities and ideas

This workshop does not certify your child is ready to be home alone — you must make that decision as a family. Youth will present what they learned at the end of the day. **Your child will go home with a family workbook to guide you through discussing rules and expectations together.**



**IOWA STATE UNIVERSITY**  
Extension and Outreach

Jones County  
[www.extension.iastate.edu/Jones](http://www.extension.iastate.edu/Jones)  
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