

Breakfast Menu

"USDA is an equal opportunity provider and employer"



October 2018

(Choose a salad as an alternate lunch daily (H.S. & T

Milk served with meal

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|----------------------------|-------------------------------|---------------------------------|-------------|
| 1 | 2 | 3 | 4 | 5 |
| Rainbow yogurt or cereal | BB muffin or cereal | Breakfast pizza or cereal | French toast / syrup or cereal | Cereal or |
| Fruit | Fruit | Fruit | Fruit | Poptart |
| Fruit juice | Fruit juice | Fruit juice | Fruit juice | Fruit |
| | | | | Fruit juice |
| 8 | 9 | 10 | 11 | 12 |
| | Cereal bar or cereal | Sausage pancake bite w/ syrup | Cheese omelet or cereal | Cereal or |
| | Mozzarella cheese stick | or cereal | Fruit | Poptart |
| NO SCHOOL | Fruit | Fruit | Fruit juice | Fruit |
| | Fruit juice | Fruit juice | | Fruit juice |
| | | | | |
| 15 | 16 | 17 | 18 | 19 |
| Pancakes w/ syrup or cereal | Donut or cereal | Breakfast pizza or cereal | Chocolate chip muffin or cereal | Cereal or |
| Fruit | Fruit | Fruit | Fruit | Poptart |
| Fruit juice | Fruit juice | Fruit juice | Fruit juice | Fruit |
| | | | | Fruit juice |
| 22 | 23 | 24 | 25 | 26 |
| | Biscuits & gravy or cereal | Long John or cereal | Sausage panckes bites or | |
| | Fruit | Fruit | cereal | |
| NO SCHOOL | Fruit juice | Fruit juice | Fruit | NO SCHOOL |
| | | | Fruit juice | |
| 29 | 30 | 31 | | |
| Mini donuts or cereal | Cereal bar or cereal | Breakfast pizza or cereal | | |
| Fruit | Mozzarella cheese stick | Fruit | | |
| Fruit juice | Fruit | Fruit juice | | |
| | Fruit juice | | | |
| | | | | |