



2018

Camp Courageous
12007 190th Street
PO Box 418
Monticello, IA 52310-0418

Ph. 319-465-5916
Fax: 319-465-5919
info@campcourageous.org

CAMPER SCHEDULE

More information at www.campcourageous.org

Camp Courageous is a year-round recreational and respite care facility serving individuals of all ages with special needs.

Important dates for 2018:

- ❑ **ADULT WEEKS REQUESTS:** December 4, 2017 at 7:00 AM. Individuals age 21 or over. Requests online at www.campcourageous.org or by voice mail with Stephen at 319-465-5916, ext. 2310.
- ❑ **YOUTH WEEKS REQUESTS:** January 2, 2018 at 7:00 AM. Individuals ages 3 to 21. Requests online at www.campcourageous.org or by voice mail with Stephen at 319-465-5916, ext. 2310.
- ❑ **RESPITE CARE WEEKENDS:** Scheduled throughout year. See page 3 for qualifications and request dates. Requests online at www.campcourageous.org or by voice mail with Sabrina at 319-465-5916, ext 2320.
- ❑ **TRAVEL DATES:** Nov. 1, 2017 at 7:00 AM. See TRAVEL SCHEDULE for details and all travel dates. Contact Rolando or Melissa at 319-465-5916, ext. 2330.



How to sign-up for an Adult/Youth Week or Respite Care Weekend:

- ❑ Use this schedule to select your **top three camping dates**. Every effort will be made to place you in the first date of your request, but this is not always possible. **Please** provide a second and third option.
- ❑ On the date request day, select one method to make **date request**. For respite weekends, select your weekend and note the request date for the weekend desired (usually 2-3 weeks prior to the weekend). On appropriate date/time do ONE of the following:
 - **GO ONLINE** at www.campcourageous.org - Follow link provided for "Date Requests." Link will not open until the specified time. Read and follow all instructions. Provide all contact information, camper information, and the top three requests for camping dates.
 - **PHONE the camp** at 319-465-5916 - Enter extension for the request that you are making. Phone messages will not be accepted until specified time. Listen carefully to instructions provided. Provide all contact info, camper info, and the top three camping dates or respite weekend date.
- ❑ When you have submitted your online request or recorded your voice mail message you are finished. Please refrain from making duplicate submissions online or additional phone calls since this will only delay the request process.
- ❑ Once you are assigned to a camping date you'll be contacted with details on how to fill-out your paperwork.

FREQUENTLY ASKED QUESTIONS:

Should I make requests online or by phone? The online system is recommended for making date requests. Regardless of which you use, be prepared to make your request as promptly as you can on the date and time listed. Please only make one request using either system (not both).

After I make my date request, how long before I am notified if I get the date I wanted? It may take two to three weeks to get campers scheduled. Each camper requires special consideration to make sure that their stay will be fun and safe. Please be patient during this time since hundreds of requests are submitted.

Is there a waiting list? Yes. If all three requested dates are filled and an alternate date will not work then you will be placed on a waiting list. You will be notified that you are on a waiting list.

When do I fill out the camper's application, physical, and medical forms? Paperwork will be made available once a camper has been placed. After being notified that a date has been assigned, the application and physical forms will be mailed to you. You can fill them out online. If you have Internet access, the camp **prefers that you use the online forms system** to reduce paper, printing, mailing, and other costs.

Who can answer other questions? Refer to the camp's web site at www.campcourageous.org or you may call the camp:

PHONE 319-465-5916	EXTENSION	AREA
Stephen Fasnacht stephen@campcourageous.org	2310	All Week-Long Camps
Sabrina Strella sabrina@campcourageous.org	2320	Respite Care Weekends
Rolando Morales rolando@campcourageous.org	2330	Travel Program
Jeanne Muellerleile jeanne@campcourageous.org	2300	School/Day Group Questions
Sharon Roller sharon@campcourageous.org	2200	Medical Concerns
Julie O'Connor julie@campcourageous.org	2400	Dietary Concerns ⁹
Tim Raine tim@campcourageous.org	2180	Finances, Payments, Waivers
Charlie Becker charlie@campcourageous.org	2100	General Camp Operations

WAIVER PROGRAMS

Camp Courageous accepts Iowa Health and Community Based Services (HCBS) funding for campers participating in the Intellectual Disability (ID) and Health and Disabilities (HD) waiver programs. Please use the following information when requesting waiver funding for your camper's respite, weekend, or week-long visit:

- 2018 Unit Rate: \$1.19/unit
- Procedure code: T2036
- Provider No.: 0117200
- NPI No.: 1306040951
- Federal Tax ID: 23-7210932

Camp Courageous is an **alcohol, drug, and tobacco-free** facility. These substances are not allowed at any camp-sponsored camper event or during camper trips.

An individual must be **medically stable** and must not be a safety risk to self or others (behaviorally, sexually, or physically) in order to attend Camp Courageous. Camp reserves the right to determine an individual's eligibility to attend camp or camper events.

2018 Camper Sessions

SEASON	DATES
WINTER/SPRING Mon. 9:30 AM to Fri. 1:30 PM. Adults with mild/moderate cognitive and/or physical disabilities. Fee: \$475.00 \$100 non-refundable deposit due 1/31/2018. (400 waiver units)	Feb 26-Mar 2 - Adult Week
	March 5-9 - Adult Week
	March 12-16 - Adult Week
	March 19-23 - Adult Week
SCHOOL/DAY GROUPS Outdoor Education for special or general education classrooms or others. 1, 2, or 3 day trips available. Schools, group homes, care facilities, and other groups. Fee: \$4.75 per hour, per camper (\$50 deposit) To schedule your group send e-mail to jeanne@campcourageous.org or call 319-465-5916, ext 2300.	April 2-24 - Day Trips
	April 25-27 - 3 days/2 nights
	April 30- May 1 - Day Trips
	May 2-4 - 3 days/2 nights
	May 7-8 - Unified Champion Schools
	May 9-11 - 3 days/2 nights
	May 14-15 - Day Trips/Overnight
	May 16-18 - 3 days/2 nights
SUMMER WEEKS Sun. 3:00 PM to Fri. 1:00 PM. Youth weeks for campers between the ages 3 to 21. Adult weeks are for campers 21 or older. Mild to moderate cognitive and/or physical disabilities unless noted. Fee: \$560.00 with \$100 non-refundable deposit due on 1/31/2018 (472 waiver units)	May 27-June 1 - Adult Week
	June 3-8 - Adult Week
	June 10-15 - Adult Week
	June 17-22 - Just For You Youth
	June 24-29 - MDA Week
	July 1-6 - Youth Week
	July 8-13 - Lions VI Week
	July 15-20 - Youth Week
	July 22-27 - Youth Week
	July 29-Aug 3 - Physical Disab.
	Aug 5-10 - Youth Week
	Aug 12-17 - Brain Injury Week
	Aug 27-31 - Adult Week
FALL WEEKS Mon. 9:30 AM to Fri. 1:30 PM. Adult weeks are for campers 21 or older. Mild to moderate cognitive and/or physical disabilities unless noted. Fee: \$475.00 with \$100 non-refundable deposit due 1/31/2018 (400 waiver units)	Sept 3-7 - Adult Week
	Sept 10-14 - Adult Week
	Sept 17-21 - Adult Week
	Sept 24-28 - Just For You Adult
	Oct 1-5 - Adult Week
	Oct. 8-12 - Adult Week
	Oct 15-19 - Just For You Adult
	Oct. 22-26 - Adult Week
	Oct 29-Nov 2 - Adult Week
	Nov 5-9 - Just For You Adult
	Nov 12-16 - Adult Week
	Nov 26-30 - Adult Week
	CAMPER WEEKENDS NEW! Friday 6:30 PM to Sunday 1:30 PM. Adult weekends are for campers 21 or older. Mild to moderate cognitive and/or physical disabilities. Fee: \$205.00 with \$100 non-refundable deposit due 1/31/2018 (172 waiver units)
March 16-18 - Adult Weekend	
Oct 19-21 - Adult Weekend	
Nov 9-11 - Adult Weekend	

Dates and week designation are subject to change. Please visit www.campcourageous.org for the latest copy of this schedule.

2018 Respite Care Weekends

Respite Care Weekends are provided for any individual with a disability that is living at home with their guardian/parent. Weekends run from Friday, 6:30 PM to Sunday, 1:30 PM. Sign-up for these weekends happens throughout the year (two to three weeks prior to the weekend - see "Request Date" column below).

- Fee: \$205 with \$50 non-refundable deposit (172 waiver units).
- Limit of one registration space per phone call/web request.
- Limit of eight respites per year.
- Request dates for each weekend occurs two to three weeks prior to the scheduled weekend (see schedule below). Make a request using the camp's web site or leave a phone message by calling 319-465-5916, ext. 2320 at 8:00 AM on the request date for the weekend desired.

Respite Weekend	Request Date
Jan 12-14	Dec 18
Jan 26-28	Jan 8
Feb 9-11	Jan 22
Feb 23-25	Feb 5
March 9-11	Feb 19
March 23-25	March 5
April 6-8	March 19
April 20-22	April 2
May 25-27	May 7
June 1-3	May 14
June 8-10	May 21
June 22-24	June 4
June 29-July 1	June 11
July 13-15	June 25
July 27-29	July 9
Aug 10-12	July 30
Aug 24-26	Aug 6
Sept 7-9	Aug 20
Sept 21-23	Sept 3
Oct 12-14	Sept 24
Oct 26-28	Oct 8
Nov 16-18	Oct 29
Dec 7-9	Nov 19

Emergency respite care is available 24 hours-a-day, 365 days-a-year for hospitalization of primary care giver or a death in the family. For emergency respite care call 319-465-5916, ext. 2323.

FAMILY CAMP WEEKENDS

April 13-15
Sept 14-16

An opportunity for family to come with their campers and experience the fun and excitement including swimming, canoeing, nature, and arts & crafts activities. Spend the weekend with camp staff guiding you through all the things that your children have loved for years. Bring parents, siblings, grandparents, aunts, uncles, or that close family friend that you consider family. **\$200 for the first 4 family members, \$50 each additional member. \$100 deposit.** To register for Family Camp call 319-465-5916, ext. 2310, or send e-mail to <stephen@campcourageous.org>.

Nursing and Medication Requirements –

An individual must be medically stable and must not be a safety risk to self or others (behaviorally, sexually, or physically) in order to attend Camp Courageous. Camp reserves the right to determine an individual's eligibility to attend camp or camper events.



Prepackaged Medication is REQUIRED to be sent 2 weeks in advance for WEEK-LONG, WEEKEND, and TRAVEL PROGRAM CAMPERS

- Request the pharmacist to pack medication for the designated time at camp plus one extra dose.
- **Label medication with the camper's name.**
- **Send a current list of the camper's medications** including name of medication, dosage, and time.
- Bring liquid and powder medications, inhalers, eye/ear treatments, herbal supplements, and any topical treatments on the day of arrival and take to nursing during check-in.

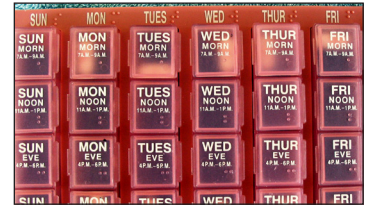
Send meds & current list of meds dosages to:

Attention: Nursing
Camp Courageous
PO Box 418
Monticello, IA 52310-0418
Fax: 319-465-5919 (attention "Nursing")
E-mail: nursing@campcourageous.org

- Use the multi-dose system when packaging medications. Refer to examples:



"Bubble pack" medications prepared by a pharmacist.



Medication cassettes can be purchased at pharmacies and drug stores.

The Camp Courageous Nursing Staff is not liable for any errors in "pre-packaged" medications sent to camp.

FAILURE TO SEND MEDS TWO WEEKS PRIOR TO ARRIVAL WILL DELAY THE CHECK-IN PROCESS AND BE ASSESSED A FEE OF \$25.00 PER CAMPER.

If unable to comply to camp's request, please contact the Nursing department for further options prior to the camper's scheduled date at 319-465-5916, ext.2200 or e-mail nursing@campcourageous.org.

WINTER VACATION CAMPER CARE

Ever wished you could line-up care for your loved one when you go on vacation? This year Camp Courageous is offering just that opportunity for children and adults who live at home. This service is available from **December 4, 2017 to February 23, 2018**. The fee is the regular camper fee of \$4.75/ hour. Campers will enjoy all camp has to offer during the winter months; swimming, indoor climbing, crafts, nature, snow activities, bowling, dance, music, yoga and more. A three-week lead time is requested. Availability based on staffing available. Call for unique situations. For more information contact Sabrina Stella, Respite Care Director at ssrella@campcourageous.org or 319-465-5916 ext. 2320.

PARENT PREVIEW DAY **Durgin Pavilion** Saturday, Feb. 3, 2018 **2:00 - 4:00 PM**

Thinking of sending your camper to Camp Courageous? Meet the camp staff, ask questions during a panel discussion, and have a tour. Camp staff will provide supervision for campers during the panel discussion in the lower level of Durgin Pavilion. Campers will enjoy bowling and arcade activities before everyone joins the tour. Please RSVP by contacting Jeanne at jeanne@campcourageous.org or 319-465-5916 ext. 2300.

Check-in Process/Arrival:

When arriving at Camp Courageous, turn into the main gate and follow the signs to the arrival area. Staff will greet you and connect your camper with their counselor and group. Campers will go with counselors to unpack in the cabins while guardians/staff will go to nursing to check-in all medications and topical treatments. Even if a camper does not have medications, **everyone must check-in at nursing.**

Check-in is done on a first-come, first-serve basis. However, **priority will be given to those who have sent in their medications in advance** of arrival date. Entire check-in process may take an hour or more to ensure that each camper's needs are met. Please allow enough time for this process. Arriving earlier than stated arrival time will not guarantee a shorter waiting time. During the nursing check-in process, you will:

- Verify that all necessary paperwork has been submitted and signed.
- Update and verify contact information.
- Review dietary concerns and bowel assessments.
- Update camper's recent medical history (annual physical documentation is required).
- Update current medications taken by the camper to be entered in the camp's computer system.

Check-out Process/Departure:

Please note the departure time listed in this schedule for each camping session. It will also be provided to you in the e-mail sent about the camper's attendance. When you arrive at camp, please **go to the Medical Center and check-out with nursing.** You'll be given all remaining medications, camper money, and the take-home report from the camper's counselors. Nursing will direct you to your camper for departure.

If a camper is picked up late, a late fee of \$20 for every 30 minutes late will be added to the camper's attendance fee.

Interested in joining the
Camp Courageous Travel Program
for an unforgettable trip? Camp travels all over the
country and abroad! For more info please see the
2018 Travel Schedule





Camp Courageous

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*A year-round recreational and respite care facility
for individuals with disabilities.*

2018 Camper Schedule

Camp Courageous • 2018 Camper Schedule Inside



2018 events for Camp Courageous. Please go to www.campcourageous.org for details of these events as well as other camp events.

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
2 Youth Registration	17 Trivia Night Benefit - KC Hall in Marion	15 St. Patrick's Day Dance for Adult Campers (please RSVP) 6:30 to 8:30 PM 17 Monticello Pizza Ranch Benefit	3 Spring Break Bash (Youth - please RSVP) 10AM-12PM 29 Omelet Breakfast & Open House 8 AM to 12 PM 11-17 Cases for Camp	20 Cruisin' for Camp Courageous & Craft Show 10 AM to 4 PM	14 Summer Splash Dance for Adult Campers (please RSVP) 6:30 PM to 8:30 PM
JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
	1-8 Pineapple Sales 5 Triathlon 17 Pineapple Gala	18 Back-To-School Fest. 10 AM-2 PM (please RSVP) 30 Pancake Bkfst & Open House - 8 AM to 12 PM	25 Halloween Dance & Haunted Gym for Adult Campers (please RSVP) 6:30 PM to 8:30 PM	19&20 Youth Holiday Party 9:30 AM to 11:30 AM 20 Adult Holiday Party 1:30 PM to 3:00 PM 21 Cent-A-Gallon Day	2 Winter Garage Sale starts in Camp's main lodge

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Camp Courageous is a 501(c)(3) non-profit organization. The Federal ID number for Camp Courageous is 23-7210932.
Thank you Rockwell Collins for printing this schedule and their on-going support of Camp Courageous.