

# October Breakfast Menu

“USDA is an equal opportunity provider and employer”

*Milk served with meal*



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| <b>3</b>  | <b>4</b>  | <b>5</b>  | <b>6</b>  | <b>7</b>  |
| Rainbow yogurt<br>Granola<br>Fruit<br>Fruit juice<br>Milk | BB muffin<br>Fruit<br>Fruit juice<br>Milk                             | Breakfast pizza<br>Fruit<br>Fruit juice<br>Milk               | French toast / syrup<br>Fruit<br>Fruit juice<br>Milk            | NO SCHOOL   |
| <b>10</b>   | <b>11</b>   | <b>12</b>   | <b>13</b>   | <b>14</b>   |
| Sausage biscuit<br>Fruit<br>Fruit juice<br>Milk           | Cereal bar<br>Mozzarella cheese stick<br>Fruit<br>Fruit juice<br>Milk | Sausage pancake bite w/ syrup<br>Fruit<br>Fruit juice<br>Milk | Cheese omelet<br>English muffin<br>Fruit<br>Fruit juice<br>Milk | Cereal<br>Poptart<br>Fruit<br>Fruit juice<br>Milk |
| <b>17</b>   | <b>18</b>   | <b>19</b>   | <b>20</b>   | <b>21</b>   |
| NO SCHOOL   | Breakfast wrap<br>Fruit<br>Fruit juice<br>Milk                        | Breakfast pizza<br>Fruit<br>Fruit juice<br>Milk               | Chocolate chip muffin<br>Fruit<br>Fruit juice<br>Milk           | Cereal<br>Poptart<br>Fruit<br>Fruit juice<br>Milk |
| <b>24</b>   | <b>25</b>   | <b>26</b>   | <b>27</b>   | <b>28</b>   |
| Rainbow yogurt<br>Granola<br>Fruit<br>Fruit juice<br>Milk | Biscuits & gravy<br>Fruit<br>Fruit juice<br>Milk                      | Long John<br>Fruit<br>Fruit juice<br>Milk                     | Suasage panckes bites<br>Fruit<br>Fruit juice<br>Milk           | Cereal<br>Poptart<br>Fruit<br>Fruit juice<br>Milk |
| <b>31</b>   |   |   |   |   |
| Mini donuts<br>Fruit<br>Fruit juice<br>Milk               |   |   |   |   |