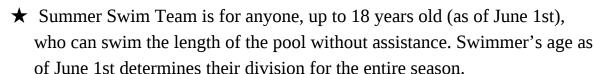
## Monticello Summer Swim Team Information





 $\star$  Coaches will work with swimmers on stroke development, entry into the pool and turns so they can compete in meets. It is also great exercise!!

★ Swimmers are not required to be at every practice, but are encouraged to make as many practices as possible.

★ Swimmers are not required to be at every swim meet, but are encouraged to make as many meets as possible. Swimmers will be asked to commit to meets at least 2 days before each meet.

 $\star$  Parents/Guardians, and any other volunteers, are needed to run the HOME meet, CONFERENCE meet, and Cascade Invitational meet

 $\star$  Every swimmer that signs up will receive a t-shirt. Team suits are available for purchase, but not required.

 $\star$  For any more information or questions, feel free to contact:

- Robyn Ponder (319) 480-3670 or robynponder@gmail.com
- Stephanie Miller (319) 310-0918 or <u>stephanieamiller@msn.com</u>
- Casey Reyner (319) 465-6640 or creyner@ci.monticello.ia.us
- Monticello Aquatic Center (319) 465-6523

<b>Practice:</b> Other options may be available throughout the season.	(Tentative) Dates for Meets: If these dates change or more meets are added, you will be contacted.	
Daily from 12:00-1:00 at Monticello Aquatic Center.	June 13 @ Maquoketa 5:30pm warm-ups June 20 <b>Home Meet</b> 5:30pm warm-ups June 24 @ Cascade 10:00 am warm-ups	
There is no practice on the days of meets.	June 29 @ Mt. Vernon 5:30 pm warm-ups July 6 @ Anamosa 5:30 pm warm-ups July 12 or 13 Possible Make-up Meet July 15 Conference Meet in <b>Monticello</b> 8:30 warm-ups	

Follow on Facebook for updates: https://www.facebook.com/MonticelloParksRecreation/

## Monticello Summer Swim Team

## Participant Information: \$30 per swimmer

Name	Age	<b>Shirt Size:</b> YS (6-8), YM (10-12), YL (14-16), AS, AM, AL, AXL	Swimsuit (optional) Size on Box

## **Parent/Guardian Information:**

Name(s):

Cell Phone Number:

Email:

Additional Information Coaches Should Know: