Policy Title: **Physical Education** Policy #602.9

Students in grades one (1) through twelve (12) shall be required to participate in physical education courses unless they are excused by the principal or school nurse of their attendance center.

Students may be excused from physical education courses if the student presents a written statement from a doctor stating that such activities could be injurious to the health of the student or the student has been exempted because of a conflict with the student's religious beliefs. Parents of students requesting such exemption should file a written request that shall include the basis for the request (e.g. verified health concerns and/or a religious conflict) and a proposed alternative activity or study acceptable to the superintendent. However, the superintendent and/or designee shall have the final authority to determine the alternate activity or study.

Students in grades nine (9) through twelve (12) may be excused from physical education courses if they have been approved through the physical education waiver program, as more fully described in the Monticello High School Student Handbook.

Approved: 4/24/89

Reviewed and Amended: 4/13/93, 10/26/99; 09/25/06; 12/22/08; 2/24/14